



St. Mary Orthodox Church

WEEKLY BULLETIN | FEBRUARY 19, 2023

Tone 3 • Sunday of Meatfare
LENTEN TRIODION: SUNDAY OF THE LAST JUDGMENT

Today's Schedule

9am — Matins

10am — Divine Liturgy

Following the service:

Project Mexico Fundraising Dinner

11:45am–1pm — Church School

6pm–8pm — Men's Fellowship @ the Faber Residence

This Week at St. Mary's

3rd & 6th Hours (Online) | weekday mornings @ 7:15am–7:45am

MONDAY, FEBRUARY 20

Choir Rehearsal | 7pm

WEDNESDAY, FEBRUARY 22

Vespers | 7pm-7:40pm

FRIDAY, FEBRUARY 24

Philokalia Book Group | 12pm-1pm

SATURDAY, FEBRUARY 25

Lenten Calendar Crafting | 3pm-4:30pm

Reader's Vespers | 5pm-6pm

SUNDAY, FEBRUARY 26

Expulsion of Adam from Paradise, Cheesefare

9am Matins, 10am Divine Liturgy

Forgiveness Vespers | 11:30am

Church School

UPCOMING

Great Lent Begins | Monday, Feb. 27

Great Canon | Monday-Thursday, Feb. 27-Mar. 2

Presanctified Liturgy | Wednesday, Mar. 1 @ 10:30am-11:30am

Presanctified Liturgy | Friday, Mar. 2 @ 10:30am-11:30am

Akathist | Friday, Mar. 2 @ 7pm-8pm

Divine Liturgy | Saturday, Mar. 4 @ 10am-11am

Great Vespers with Group Confession | Saturday, Mar. 4 @ 5pm-6pm

Sunday of Orthodoxy Vespers | Sunday, Mar. 5 @ 5pm-6:30pm at Ss. Constantine & Helen in Silver Spring

St. Mary's Nats Game Outing | Sunday, May 21

Visit stmaryorthodox.org/calendar to stay updated on parish events and service times.

St. Mary Orthodox Church | Parish Priest: Fr. David Subu | Parish Council President: Chris Grindstaff

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 3. Troparion of the Resurrection

LET the heavens rejoice! * Let the earth be glad! * For the Lord has shown strength with His arm. * He has trampled down death by death. * He has become the first born of the dead. * He has delivered us from the depths of hell, * and has granted to the world // great mercy.

Tone 4. Troparion of the Parish

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Glory. *Tone 1. Kontakion from the Lenten Triodion*

WHEN You, O God, shall come to earth with glory, * all things shall tremble, * and the river of fire

shall flow before Your judgment seat; * the books shall be opened, and the hidden things disclosed; * then deliver me from the unquenchable fire, // and make me worthy to stand at Your right hand, O Righteous Judge!

Both now. *Tone 3. Kontakion of the Parish*

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the third tone: Great is our Lord and abundant in power; / His understanding is beyond measure.

∿ *Praise the Lord! For it is good to sing praises to our God!*

EPISTLE 1 Corinthians 8:8–9:2

Brethren, food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ

died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.

Alleluia in the eighth tone:

∿ *Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!*

∿ *Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!*

GOSPEL Matthew 25:31–46

THE Lord said: “When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, ‘Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ Then the righteous will answer Him, saying, ‘Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.’ Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?’ Then He will answer them, saying, ‘Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

COMMUNION HYMNS

Praise the Lord from the heavens! Praise Him in the highest!

Alleluia, Alleluia, Alleluia!



Parish News & Announcements



Birthdays Victor C., Maria M.

Please welcome Bp. Andrei today!

TODAY: Support Project Mexico at coffee hour — Help the Project Mexico group raise funds for their trip to Northern Mexico to build a home for an impoverished family! Nathan L. and his team welcome your donations through Realm, which has a special Project Mexico “memo” category.

TODAY: Men’s Fellowship will meet at the Faber residence — In a continuation and expansion of our previous meeting, we will discuss the Orthodox man (already Orthodox or on the path) and family, friends, workplace, society — especially when in dialogue with Christians of other churches, members of other religions, non-believers, or those simply uncertain about their beliefs. Find the address on Realm.

UPCOMING SATURDAY: Lenten Calendar Crafting — Emilia J. will be leading a workshop to assemble a beautiful handmade calendar from Draw Near Designs. The deadline to RSVP for the event has passed, but she encourages you to reach out to her if you’d like to participate.

Volunteer to help the Capital Renovation Project and shape our parish future — We need your skills and abilities to push forward renovations on the parish! Volunteer signup sheets are available at the Connections Center. Please submit your signup sheet at the Connections Corner today, or fill out the digital signup sheet on Realm and email it to Anna C. A meeting will be held this upcoming Friday for volunteers, so don’t wait too long to get involved!

Connect with the parish at the Connections Corner — Stop by the Connections Corner in the fellowship hall during coffee hour to check out our ministries, newsletter, or meet a couple friendly faces. Great for visitors, inquirers, or if you just want to get more involved at church.



Next week’s coffee hour host (Feb. 26): **Group S-Z**



Are you visiting? Welcome to St. Mary’s!

We’re delighted that you’ve joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Here are a few things you can do to get acquainted with us:

- sign the **visitor’s log** at the entrance of the church (called the “narthex”)
- check out the **Connections Corner** in the fellowship hall to learn more about us, Orthodoxy, pick up a copy of our **newsletter** and **ministry brochure**, and meet a few friendly faces

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one’s fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for coffee hour downstairs in the fellowship hall after liturgy. We’d love to meet you!