



St. Mary Orthodox Church

WEEKLY BULLETIN | APRIL 2, 2023

Tone 1 • FIFTH SUNDAY OF LENT: St. Mary of Egypt

Today's Schedule

9am — Matins

10am — Divine Liturgy

Following the service:

Coffee Hour, hosted by **Group A-D**

Holy Land Presentation by Elaine P.

Church School/Choir Practice

This Week at St. Mary's

Lenten Hours (Online) | weekday mornings @ 7:15am–8am

WEDNESDAY, APRIL 5

Presanctified Liturgy | 7pm–8:30pm, *followed by Lenten Potluck Dinner*

FRIDAY, APRIL 7

Presanctified Liturgy | 10:30am–11:30am

SATURDAY, APRIL 8 — *Lazarus Saturday*

Lazarus Saturday Retreat | 9:15am–2:30pm

Divine Liturgy | 10am–11:30am

Great Vespers | 5pm–6:30pm

Newly-Planted Fellowship | 6pm–7:30pm

SUNDAY, APRIL 9 — *Palm Sunday*

9am Matins, 10am Divine Liturgy

Bridegroom Matins | 7pm–8:30pm

BRIGHT WEEK: 7am Bright Liturgy & 7pm Bright Vespers, every day through Bright Week, April 17–22 (*Note: Bright Liturgy will instead be served at 10am on Bright Monday and Bright Saturday*)

Visit stmaryorthodox.org/calendar to stay updated on parish events and service times.

Holy Week & Paschal Services

PALM SUNDAY, APRIL 9

Bridegroom Matins | 7pm–8:30pm

HOLY MONDAY & TUESDAY, APRIL 10 & 11

Presanctified Liturgy | 10:30am–12pm

Bridegroom Matins | 7pm–8:30pm

HOLY WEDNESDAY, APRIL 12

Presanctified Liturgy | 10:30am–12pm

Holy Unction | 7pm–8:30pm

HOLY THURSDAY, APRIL 13

Vesperal Liturgy of the Last Supper | 11am–1pm

Passion Gospels | 7pm–10pm

HOLY FRIDAY, APRIL 14

Royal Hours | 10am–11:30am

Unnailing Vespers | 6pm–7pm

Matins with Procession | 7pm–10pm

Vigil at the Tomb | 10pm–11am (*overnight*)

HOLY SATURDAY, APRIL 15

Vesperal Liturgy of Pascha | 11am–12:30pm

Acts of the Apostles | 10pm–11:30pm

Midnight Rush | 11:30pm

PASCHA, APRIL 16

Paschal Matins & Liturgy | 12am–2am, *followed by the Agape Meal until 3:30am*

Agape Vespers & Egg Hunt | 12pm–1pm

Lamb Roast | 1pm–3pm

St. Mary Orthodox Church | Parish Priest: Fr. David Subu | Parish Council President: Chris Grindstaff

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 1. Troparion of the Resurrection

WHEN the stone had been sealed by the Jews, * while the soldiers were guarding Thy most pure body, * Thou didst rise on the third day, O Savior, * granting life to the world. * The powers of heaven therefore cried to Thee, O Giver of Life: * “Glory to Thy Resurrection, O Christ! * Glory to Thy Kingdom! // Glory to Thy dispensation, O Thou Who lovest mankind!”

Tone 4. Troparion of the Parish

TODAY the faithful celebrate the feast with joy * illuminated by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 8. Troparion of St. Mary of Egypt

THE image of God was truly preserved in you, O Mother, * for you took up the Cross and followed Christ. * By so doing, you taught us to disregard the flesh for it passes away; * but to care instead for the soul, for it is immortal. // Therefore your spirit, O holy Mother Mary, rejoices with the angels.

Tone 1. Kontakion of the Resurrection

AS God, Thou didst rise from the tomb in glory, * raising the world with Thyself. * Human nature praises Thee as God, for death has vanished. * Adam exults, O Master! * Eve rejoices, for she is freed from bondage and cries to Thee: // “Thou art the Giver of Resurrection to all, O Christ!”

Gloria. *Tone 3. Kontakion of St. Mary of Egypt*

HAVING been a sinful woman, * you became through repentance a bride of Christ. * Having attained angelic life, * you defeated demons with the weapon of the Cross. // Therefore, O most glorious Mary, you are a bride of the Kingdom.

Both now. *Tone 3. Kontakion of the Parish*

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the first tone: Let Thy mercy, O Lord, be upon us / as we have set our hope on thee.

∿ *Rejoice in the Lord, o ye righteous! Praise befits the just!*

In the fourth tone: God is wondrous in His saints, the God of Israel.

EPISTLE Hebrews 9:11–14

Brethren, Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is to say, not of this creation. Neither by the blood of goats and calves, but by His own blood He entered once into the Holies, having obtained eternal redemption. For if the

blood of goats and oxen and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the Holy Spirit offered Himself without blemish to God, cleanse our conscience from dead works to serve the living and true God?

EPISTLE Galatians 3:23–29 (*St. Mary of Egypt*)

Brethren, before faith came, we were kept under the law, kept for the faith which would afterward be revealed. Therefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith. But after the faith is come, we are no longer under a schoolmaster. For you are all the children of God through faith in

Christ Jesus. For as many of you as have been baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ’s, then you are Abraham’s seed, and heirs according to the promise.

Alleluia in the first tone:

∿ *God gives vengeance to me, and subdues people under me!*

∿ *He magnifies the salvation of His King and deals mercifully with David, His anointed, and his seed forever.*

∿ *(Tone 1) I waited patiently for the Lord; he inclined to me and heard my prayer.*

GOSPEL Mark 10:32–45

At that time, Jesus took the twelve aside again and began to tell them the things that would happen to Him: “Behold, we are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and to the scribes; and they will condemn Him to death and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit upon Him, and kill Him. And the third day He will rise again.” Then James and John, the sons of Zebedee, came to Him, saying, “Teacher, we want You to do for us whatever we ask.” And He said to them, “What do you want Me to do for you?” They said to Him, “Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory.” But Jesus said to them, “You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism with which I am

baptized?” And they said to Him, “We are able.” So Jesus said to them, “You will indeed drink the cup that I drink, and with the baptism with which I am baptized you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared.” And when the ten heard it, they began to be greatly displeased with James and John. But Jesus called them to Himself and said to them, “You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many.”

GOSPEL Luke 7:36–50 (*St. Mary of Egypt*)

And at that time, one of the Pharisees asked Jesus to eat with him. And He went to the Pharisee’s house, and sat down to eat. And behold, a woman in the city who was a sinner, when she knew that Jesus sat at the table in the Pharisee’s house, brought an alabaster flask of fragrant oil, and stood at His feet behind Him weeping; and she began to wash His feet with her tears, and wiped them with the hair of her head; and she kissed His feet and anointed them with the fragrant oil. Now when the Pharisee who had invited Him saw this, he spoke to himself, saying, “This Man, if He were a prophet, would know who and what manner of woman this is who is touching Him, for she is a sinner.” And Jesus answered and said to him, “Simon, I have something to say to you.” So he said, “Teacher, say it.” “Now there was a certain creditor who had two debtors. One owed five hundred denarii, and the other fifty. And when they had nothing with which to repay, he freely forgave them both. Tell Me,

therefore, which of them will love him more?” Simon answered and said, “I suppose the one whom he forgave more.” And He said to him, “You have rightly judged.” Then He turned to the woman and said to Simon, “Do you see this woman? I entered your house; you gave Me no water for My feet, but she has washed My feet with her tears and wiped them with the hair of her head. You gave Me no kiss, but this woman has not ceased to kiss My feet since the time I came in. You did not anoint My head with oil, but this woman has anointed My feet with fragrant oil. Therefore I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, the same loves little.” Then He said to her, “Your sins are forgiven.” And those who sat at the table with Him began to say to themselves, “Who is this who even forgives sins?” Then He said to the woman, “Your faith has saved you. Go in peace.”

INSTEAD OF “IT IS TRULY MEET”

All of creation rejoices in you, O Full of Grace: * the assembly of angels and the race of men. * O sanctified temple and spiritual paradise, * the glory of virgins, * from whom God was incarnate and became a Child – * our God before the ages. * He made your body into a throne, * and your womb He made more spacious than the heavens. * All of creation rejoices in you, O Full of Grace. * Glory to you!

COMMUNION HYMNS

Praise the Lord from the heavens! Praise Him in the highest!
The righteous will be remembered forever; he is not afraid of evil tidings.
Alleluia, Alleluia, Alleluia!



Parish News & Announcements



Birthdays Tatiana S.

NEXT SATURDAY: Lazarus Saturday Retreat (Saturday, April 8 @ 9:15am–2:30pm) — Next Saturday, families are invited to join us for the annual Lazarus Saturday retreat, including the children's final choir rehearsal, children's confessions, divine liturgy, brunch, games, and more! Find the full schedule on Realm.

(\$10) TWO WEEKS LEFT to reserve tickets to the ballgame with St. Mary's parishioners and friends! (Sunday, May 21) — Join us at National Park on May 21st to watch the Nats host the Detroit Tigers! Everyone over 2 years old will need a ticket. Reserve \$10 tickets with Sara through YAM by Pascha, April 16. Pay via Realm or check to St. Mary Orthodox Church with "Nationals Game" in the memo line. We hope to see you there! Let's see the new pitch clock in action that will speed up the game.

Save the Date for the Paschal Lamb Roast! (Pascha, Sunday, April 16) — All are invited to our annual Lamb Roast Extravaganza to celebrate the rising of our Lord! More details to come. It's also time to pass down our traditions to the next generation so the Lamb Roast can continue for years to come — learn to prepare and roast the lamb by joining our Lamb Roast Team, OR coordinate the egg hunt for the children following Agape Vespers. Learn more on Realm.

Please check for your items in the Lost & Found — The Lost & Found is building up! Please come by to check if anything belongs to you or your family.

Connect with the parish at the Connections Corner — Stop by the Connections Corner in the fellowship hall during coffee hour to check out our ministries, newsletter, or meet a couple friendly faces. Great for visitors, inquirers, or if you just want to get more involved at church.



Next week's coffee hour host (Palm Sunday, April 9): **Group E-K**



Are you visiting? Welcome to St. Mary Orthodox Church!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Here are a few things you can do to get acquainted with us:

- sign the **visitor's log** at the entrance of the church (called the "narthex")
- check out the **Connections Corner** in the fellowship hall to learn more about us, Orthodoxy, pick up a copy of our **newsletter** and **ministry brochure**, and meet a few friendly faces

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for coffee hour downstairs in the fellowship hall after liturgy. We'd love to meet you!